

Pregnant...

migrant...
and

don't speak french?

Pregnant in Geneva

**Preparation
for birth**

**with midwives
and translators**

**in Geneva
and in Vernier**

FREE OF CHARGE !



Pregnant in Geneva

L'Arcade sages-femmes (organisation of midwives) offers 3 sessions of antenatal classes (preparation for birth) translated into your language by local interpreters.

PREPARATION FOR BIRTH

Information on pregnancy, childbirth and the first days with baby delivered by a midwife

Discussions between midwives and future mothers

Answers to your questions

Exercises

*Free
of charge!*

Reimbursed by basic health insurance. Mums without insurance are also welcomed.



HOW TO PARTICIPATE

- 1** Contact Arcade sages-femmes :
T + 41 22 329 05 75
✉ info@arcadesf.ch
- 2** The interpreter will inform you of the date and place of the sessions.

WHERE?

in Vernier



12^{bis} Av. des Libellules
1219 Le Lignon

• Bus → Avenue de l'Ain



• Bus → Usine à gaz



in Geneva



85 Bvd Carl-Vogt,
1205 Genève

• Tram → Uni Mail



• Tram → Plainpalais



www.arcade-sages-femmes.ch

avec le soutien de la République et canton de Genève